

Winter 2016

www.rmofspringfield.ca



Calling all photographers!

We are upgrading the Municipal website and need your help. We are looking for original, high resolution photos that represent the region to post on the new website.

You will receive photo credit on our website and all publications.

Please send all photos to swilkinson@rmofspringfield.ca



Springfield

TIMES

Official Guide to what's happening in Springfield



On behalf of the Reeve, council and staff, we would like to take this opportunity to wish Springfield and our surrounding communities, a safe and happy holiday season.

Reflection over the past twelve months sheds light on all that Springfield has to celebrate, and all that has been accomplished. Council owes a great debt of gratitude to our wonderful volunteers, who work so diligently throughout the year, towards the betterment of our municipality. We are grateful to our community groups, organizations and partners for their commitment in working on various community initiatives.

The Springfield Times 2016 winter edition aims to provide Springfield residents access to timely information ranging from community happenings, to council updates, municipal notices and community organizations. The Springfield Times represents a collective community effort in recreation and community services; this publication is intended as a sounding board for those in our community, from the volunteers that sit on our community club boards, to the parents that coach their children's hockey team, to the many community members who so tirelessly volunteer their time and energy to better this place we call home.

As always, staff and council are working hard to meet the needs of the community and we value your input. Contact information is on the back page of this publication and available on the municipality's website.

Best Wishes, Happy Holidays

Springfield Staff and Council

Springfield Staff and Council

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Springfield Public Library

Community Funding Opportunities



Springfield council and staff believe that participation in recreation programs builds not only healthy residents but healthy communities, while enhancing overall quality of life. We believe that financial circumstances should not present a barrier for Springfield residents accessing recreation activities.

Kids First Program

What is the Springfield Kids First Program?

The Springfield Kids First program is a fee subsidy program which provides Springfield residents with lower annual incomes the necessary funds to register for recreation programs in Springfield (up to 50% of total program fees). Springfield council and staff believe that participation in recreation programs builds not only healthy residents but healthy communities, while enhancing overall quality of life.

Who is Eligible to Join the Kids First Program?

Springfield residents with family incomes below the low income cut-off are eligible for the Kids First program. Participants must be 18 years of age or younger. Only programs offered within the municipality of Springfield are eligible. Exceptions may occur for unique circumstances, however, in most cases applications will not be considered if your household gross income exceeds those figures indicated in the chart below, without sound justification. For this reason, all families with limited resources available to devote to child and youth recreation programs are still encouraged to submit an application. In special circumstances and with reasonable justification, families may be entitled to funding greater than fifty percent, at the sole discretion of the Director of Parks and Recreation.

Application Deadline: Applications will be accepted on an ongoing basis. Applications will be kept in confidence and reviewed only by the Director of Parks and Recreation. If your application is accepted, you will be notified by telephone and a cheque for 50% of the program fee will be mailed to the program organization, upon receipt of consent.

For more information, or an application form, please contact Shawn Wilkinson, Director of Parks and Recreation, 204-444-4119, or swilkinson@rmofspringfield.ca.

Springfield Community Grant Application

The Municipality of Springfield Parks and Recreation Department awards grants to various non-profit community groups requiring financial assistance. The intent of this funding is to increase access to recreation programming for all residents in Springfield by reducing barriers to participation and facilitating the delivery of activities/programs that address existing gaps.

The overriding purpose of the said municipal grants is to financially supplement the activities of Springfield community based organizations that endeavour to promote sport and recreation activities, community events, arts, culture, community spirit and improved quality of life for Springfield residents.

For more information please visit the municipal website, www.rmofspringfield.ca or contact [Shawn Wilkinson, 204-444-4119, swilkinson@rmofspringfield.ca](mailto:swilkinson@rmofspringfield.ca). The deadline for applications is the last Friday of November each year.



Springfield Parks and Recreation Department 2016 Winter Programs



The Springfield Parks and Recreation Department is offering a variety of affordable, fun and interactive programs for children, youth, seniors and families this winter. Programs range from child, youth and family cooking programs, to Jr. gym nights and Saturday open gym. We offer a Kids Club, Easter egg hunt, Mothers and Father's day activities, senior bowling, shopping trips and more!

Preschool Gym Night, Ages 3 to 5

Thursday(s), January 21 to February 11, 6:30 pm to 7:15pm

Oakbank Elementary School Cost: \$20.00

*Please note: Parent participation is welcome, but not required.

Jr. Gym Night, Ages 6 - 11

Thursday(s), January 21 to March 3 (**Excluding February 18**), 7:30pm to 8:30 pm

Oakbank Elementary School Cost: \$25.00

Springfield Jr. Chefs - Cooking Program, Ages 6 to 10

Saturday(s), January 16 to February 6, 10:00am to 12:00 Noon

Springfield Middle School Cost: \$25.00

***NEW— Springfield Teens Cuisine - Cooking Program, Ages 11 to 15**

Saturday(s), January 16 to February 6, 8 12:30pm to 2:30pm

Springfield Middle School Cost: \$25.00

***NEW—Open Gym**

Saturday(s), January 16 to February 6 (**Excluding January 30**), 10:00am to 2:30pm

Springfield Middle School Cost: FREE

*Please Note: Parent supervision is required.

Kids Club, Ages 3 to 5

Friday(s), February 26 to March 18, 1:30pm to 3:00pm

Dugald Community Club Cost: \$10.00

***NEW—Cooking With the Fam'!**

Saturday, March 5th, 10:00am to 1:00pm

Springfield Middle School Cost: \$20 per family

***NEW—Perogy Workshop, Ages 16+**

Saturday, March 12th, 10:00am to 2:00pm

Anola Community Club Cost: \$10

Easter Egg Hunt and Craft Workshop, Ages 5 to 11

Friday, March 25th, 10:00am to 12:00 Noon

Springfield Municipal Office Cost: FREE

*Please Note: This program requires parent attendance. The municipality is currently seeking recreation program leaders and welcomes your programming ideas. Can you teach a special skill? Do you have a program in mind? To submit a program proposal, please include the following information...

- Resume
- Program title
- Program(s) description
- Facility and supply requirements
- Suggested length and duration of the program
- Potential Locations
- Fee structure

UPDATE

Springfield Recreation Master Plan



Contact Information: Marcella Poirier; Managing Director Bridgman Collaborative Architecture
Phone: 204 488 3857 ext. 27 email: marcella@bridgmancollaborative.ca

July to November - BridgmanCollaborative has been working to understand the unique character of Springfield to create an inclusive Recreational Master Plan.

SIX community conversations
FIVE stakeholder meetings
EIGHT facility assessments
TEN neighborhood parks
Tri-school fields
Equestrian routes
Flight facts and fun
Birds Hill Park connection points
and
631 Surveys later...

We understand that Springfield residents have diverse recreational interests and real passion for the activities and opportunities afforded by a rural location and lifestyle. A draft of twenty recreation recommendations is close to completion and will be available for public review in December. The plan will include short, mid and long-range goals; it will identify required partnerships and supports to achieve those goals. Each recommendation will also have associated actions that provide an action-task framework for implementation.

Public review of the draft recommendations will be advertised in advance and an open house will be held to provide residents with the opportunity to provide feedback.

We would like to thank everyone who has participated in the process to date.



RURAL MUNICIPALITY OF SPRINGFIELD PUBLIC NOTICE

Please be advised that the R.M of Springfield Administration Office, Planning, Public Works, Municipal Police, Fire and Recreation departments will be closed from noon on December 24, 2015 to January 4, 2016.

Public Works staff will be on call in the event of a snow storm, or other issues requiring immediate attention, please call 204-444-3176 and the staff member on call will return your call as soon as time permits.

The Water and Waste Department would like to advise waste and recycling pickup will be as follows during the holidays: all days will be the same as usual except - Friday, December 25/15 pickup will move to Saturday, December 26, 2015 – Friday, January 1, 2016 pickup will move to Saturday, January 2, 2016, so please have your waste and recycling at the curb by 7:00 am on your scheduled pickup day. Regular pickup days will resume after the holidays.

TRANSFER STATION HOLIDAY HOURS

	Hillside Transfer Station	Oakwood Transfer Station
Dec 24	8:00 am - 3:00 pm	Closed
Dec 25 & 26	Closed	Closed
Dec 27	8:00 am - 6:00 pm	9:00 am - 6:00 pm
Dec 28	Closed	12:00 pm - 6:00 pm
Dec 29	8:00 am - 6:00 pm	Closed
Dec 30	8:00 am - 6:00 pm	12:00 pm - 6:00 pm
Dec 31	8:00 am - 3:00 pm	Closed
Jan 1, 2016	Closed	Closed

Regular business hours at both transfer stations will resume on Saturday, January 2, 2016.





SPRINGFIELD POLICE SERVICE

Members of the Springfield Police Service are committed to working with the citizens of the Rural Municipality of Springfield to understand their policing needs, enforce laws, and develop proactive solutions that will improve the service we provide. In doing so, we endeavor to become one of the best community oriented Police Service in Manitoba.

Please Phone: (204) 444-4308

Springfield Police Service Staff:
Acting Police Chief Terry Pheby - Phone 204-444-6169
E-mail tpheby@rmofspringfield.ca

Constable Mike Ward - Phone 204-444-6163
E-mail mward@rmofspringfield.ca

The Springfield Police Service works closely with The Citizens on Patrol Program.
www.springfieldcopp.org



SPRINGFIELD FIRE & RESCUE SERVICE

Please call with any of your questions or concerns regarding burning, fire safety or a public education visit or tour of our facilities.

non emergency numbers

Jeff Hudson

Acting Fire Chief

204-981-4042

jhudson@rmofspringfield.ca

Acting Deputy Chief, Keith Dixon, Station #1 Oakbank 204-799-8332

Deputy Chief, Garth Cook, Station #2, Anola 204-268-0167

Deputy Chief, Scott Robertson, Station #3 Transcona 204-479-0786

Springfield Community Clubs

Anola Community Club

Contact Information:

Name: Betty Ann Merke

Email: danmerke@mts.net

Phone number: (204) 866-2891

Website: http://www.anola.mb.ca/community_club/

Organization Overview:

Located in the town of Anola, the Anola Community Club is home to the Anola Heat and Baton, Mohutniy Ukrainian Dance Ensemble, Selo Ukrainian Dance, Anola Soccer Program, Youth and Middle Years dances and free Movie Mania events. Community summer camps, fitness programs, craft shows, community socials and weddings round out the diverse community programming offered here. The Anola Community Club also boasts a brand new outdoor skating rink with heated shack that can also be used for basketball and ball hockey during the summer months.

The Anola Community Club holds 300 people. To book the facility, call (204) 866-2891 and leave a message and someone will get back to you as soon as possible.

Anola Community Club, Box 129, Anola, Manitoba, R0E 0A0

Activities and Events:

- Movie Mania: January 17th, February 21st, March 20th & April 17th
- Youth Dances: January 15th, February 12th, March 11th & April 8th
- Middle Years Dances: January 22nd, March 18th & April 15th
- Sweetheart Dance: February 13th - 7:00pm – 12:00am featuring music by the Ilchyna's, For Tickets (\$10.00) contact Betty Ann - 866-3023 or Marilyn - 866-3707
- Ladies Night: February 20th
- Soccer Registration: Thursday February 17th 6:00 – 8:00 & Saturday February 19th 11:00 – 1:00
- Soccer Coaching Clinic: April 9th

Cooks Creek Community Club

Contact Information:

Name: Gerry Koreman

Email: gkoreman@mymts.net

Phone number: 444-5110

Website: cookscreekcc.ca

Organization Overview:

The Cooks Creek Community Centre is located on 28 acres of land at the corner of Cooks Creek Road (Hwy 212) and Zora Rd. The facility features a beautiful brand new play structure, soccer pitches, 4 baseball diamonds, horseshoe pits and a bocce ball pitch. The air conditioned hall has a large commercial kitchen with an adjacent hall with an indoor capacity of 100 people. Capacity can easily be increased with outdoor beer gardens and/or a banquet tent.

The active volunteer board of directors are all located in the Cooks Creek area and we look forward to meeting the needs of the community. Our focus is on expanding the hall by adding an indoor gym, a commercial stage and increasing the capacity to 350 people. Our main fundraising event is our 400 club which has been running for approximately 10 years. These are cash calendars valued at \$50.00 each with a less than 1 in 6 chance of winning! Our first draw will be at our pancake breakfast on September 28, 2013.

We are always looking for ideas to maximize the use of the hall, particularly activities or programs during the day to entertain the kids and seniors within our community (Mom and Tots program, after school program, afternoon coffee etc.). Contact us if you would like to try starting any indoor or outdoor program, activity or event. If you have a seminar or topic in mind that might be of interest to others, we are very much interested in your ideas.

Activities and Events:

The Cooks Creek Community Centre offers a soccer program for children of all ages. This activity runs from May to the end of June, with a fun tournament in June; The Zora Cup. We give your children a positive, active introduction to this sport and ongoing skill acquisition with the help and guidance of a dedicated group of volunteer coaches. Physical activity plays an important role in helping children and young people to be fit and healthy. Registration will occur in the New Year. More info to come.

Dugald Community Club

Contact Information:

Name: Taylee Wolfe

Phone number: Event Info: 204 801 9928 / Hall Rental: 204 853 7349

Email: Dugaldcc@hotmail.com Facebook: "Dugald Community Club"

Dugald Community Club, 544 Holland St, Dugald, MB R0E 0K0

Dugald Community Club Overview

Dugald Community Club is a 170 person capacity, wheelchair accessible and air conditioned hall. Our facility is available to rent for those special occasions: anniversaries, socials, weddings, meetings, and birthdays. We recently added WIFI. Outside we have an outdoor rink, three baseball diamonds, pergola and a skateboard park – all ideally situated across from the school playground. Our hall is great for big or small occasions. For more rental information and prices, please review our website or call Sandie or Cathy at 204-853-7349.

Upcoming Activities and Events

Well 2015 was another great year for the Dugald Community Club. Our regular monthly breakfasts supporting various charities Diabetes, Heart & Stroke Foundation, Variety Heart Centre, Canadian Cancer Society, MS Society and the clubs BMX parks landscaping (sponsored by the OakBank Credit Union) raised just over \$8800.00 in total. Thanks to all of you who volunteered at these events and especially came out in support of these causes. Our Town Garage Sale had a record 43 homes register with many of our + 55ers downsizing in anticipation of their move to the new Dugald Estates housing co-op. A lot of treasurers were sold and the United Church was keep hopping at the hotdog stand providing us all with Friday nights supper.

The Projects Committees plant fundraiser was once again successful we raised enough to purchase the town flowers. Thanks to all of you who picked up the orders, planted them and watered them throughout the season. Special Thanks to Colleen and Frank at Good Acre for their patience and guidance and their donation of the plants for the Welcome to Dugald gardens.

Springfield Canada Day celebration saw a great day weather wise, lots of people out great

music and activities. We had a shortage in sponsors this year but managed to almost break even. We had a shortfall of \$415.00 added to last years rainout shortfall of \$933.00 left us short \$1348.00 so we will be hosting a Bud Spud Night in early 2016 to make this up and get us ready for 2016. This will be a special celebration year for us as it will mark 20 years of being hosted by the town of Dugald.

Our monthly summer suppers were fun. Great support saw lots of pork on a bun and fried chicken and fixings get eaten.

Fall Supper was a huge success again. We feed 411 people in 2 sittings. 280lbs of turkey, 130lbs of ham, 125lbs of potatoes, 72lbs of coleslaw and 120 doz perogies were prepared and served by a wonderful crew of volunteers. As well over 60 pies and desserts were donated to end off the evening with something sweet. Big Thanks to the set-up, food prep crew, servers, pie and dessert bakers and cleanup crew you guys are awesome!! It is a wonderful sight to see the hall full to overflowing with people laughing and talking while enjoying a great meal together. What a great community we live in!!

Our accomplishments this year were many, we got the pergola up and being used quite frequently, our birch bark walking path on the south side of the hall grounds is in and being tweaked as well the BMX park was started and will be completed by Spring of 2016 ready for use. All these projects are paid in full from our boards commitment to raise the needed funds and your support of our fundraising events. So take pride in what you have helped us to achieve!!

Upcoming Events DCC

Breakfasts start at 9am to 10:30am. Admission at the door \$8 for adults \$3 for kids. If you choose to donate to the organization the breakfast is representing (receipts are issued) and you only pay \$3 for your breakfast. Some breakfasts have Choice Auctions so prize donations are always welcome any time and can be left at the Dugald Store or the Dugald Community Club.

Jan.23rd –Raising money for the “Relay for Life”-Team Sandy Hook will be running this breakfast.

Feb. 20th- Raising money for the Heart & Stroke Foundation of Manitoba the King Family and Friends are hosting this breakfast.

Mar. 19th-Raising money for Variety Heart Centre/Children's Hospital the Nadon, Wolfe, Kelly and Moffat families and friends are hosting this breakfast.

Apr. 16th- Raising money for the Canadian Cancer Society the Charles & Barton families and friends will be hosting this breakfast.

May 7th- Raising money for the MS Society of Manitoba the Shaver family and friends will be hosting this breakfast.

June 4th- Raising money for the ALS walk- Team Koroscil/McLeod will be running this breakfast.

Family Movie Nights hosted by Nicole and friends are held one Friday each month start at 7pm, no admission, canteen is open and your welcome to come in PJ's bring a pillow or snuggly. Next movie dates are as follows Dec 18th, Jan. 29th, Mar. 4th and Apr. 15th. That months' movie will be advertised 1 to 2 weeks prior on posters, our website and Facebook. Scrapbooking get-togethers take place monthly, small fee plus food costs apply and will be held on the following dates Feb. 26th & 27th, Apr. 9th and May 14th. For more info or to register call Cathy at 853-7349.

Annual Town Garage Sale will be held May 27th and 28th so spend this winter cleaning out those cupboards and register your house at the Dugald Store. Cost is \$15.

Hazelridge Sports Complex



Contact Information:

Name: Destine Fedoruk Phone Number: (204) 444-2289

Email: hazelridgeesc@gmail.com

Website: hazelridgesports.ca

Facility bookings: Derek King, (204) 793-4938, or dking@truenorth.mb.ca

Hazelridge Sports Complex, Box 103, Hazelridge, MB R0E 0Y0

Organization Overview:

HSC supports and houses Springfield Minor Hockey, Hazelridge Figure Skating, recreational skating, Old Timers hockey, summer ball hockey, Skate with Santa and many fundraising events including Pierogi dinners and Pancake breakfasts. The rink is also available for private rentals, please contact Derek King at dking@truenorth.mb.ca for more details.

We have a group of volunteers who keep things running smoothly! Our canteen has some great food and with our indoor viewing area its always a great place to take in a hockey game or watch some figure skating!

Upcoming Activities and Events:

Public skating is held every Saturday from 6:00 – 8:00 pm. Thruout the winter months we will be hosting special fundraising events which include a pulled pork dinner, a spaghetti dinner and a pancake breakfast, these events are always open to the community and always a great time! Please watch The Clipper, the Hazelridge highway signs and our Facebook Page (Hazelridge Sports complex) for more details. Ball Hockey sign up will be held March 19th and 20th, times to be determined.

Oakbank and District Community Club (OBCC)



Contact information:

Name: Neoma Green Phone number: (204) 444 2979

Email: obcc@mymts.net Website: oakbankcc.ca

Facebook: [www.facebook.com/pages/Oakbank-District-Community- Club](http://www.facebook.com/pages/Oakbank-District-Community-Club)

Organization Overview:

The Oakbank and District Community Club is located in Oakbank, Manitoba and is home to Springfield Minor Hockey, Springfield Minor Baseball, Springfield Minor Softball, Springfield Ringette, Oakbank Soccer, and the Oakbank Old Timers Hockey Association. The community club also provides a home to various community events such as the Andrew Dunn Memorial Walk, the Ashley Schlag Memorial Soccer Tournament, Springfield Chicken Daze, Springfield Mixed Orthodox League, The OBCC Winter Classic, as well as the Extreme Junior Hockey Club, the Springfield 98's Senior Hockey Club, and the Springfield Sabres High School Hockey Men's and Women's Teams.

The Oakbank and District Community Club grounds house one indoor hockey rink, one outdoor rink, one meeting room, three baseball diamonds, and 6 soccer fields of various sizes. For rental information, email Neoma at obcc@mymts.net. Our mailing address is; Oakbank and District Community Club, Box 189, 1016 Almey Avenue, Oakbank, MB R0E

Upcoming Activities and Events:

Spring registration dates for OBCC Springfield Baseball, Springfield Softball & Oakbank Soccer will be Monday Feb 29 and Monday March 7, 7:00 - 9:00 PM at the Oakbank One Insurance Arena.

Additional program information can be obtained from, <http://www.oakbankcc.ca/>

Springfield Curling Club



Contact Information:

Name: Deab Feakes Phone number: (204) 222-0008

Email: deanfeakes@mts.net Website: www.springfieldcurlingclub.ca

Organization Overview:

Located in Dugald, the Springfield Curling Club boasts four sheets of curling ice. The second story lounge is fully licensed and a great place to watch the curling action and host special events.

For rental information, call 204-853-7729

Springfield Curling Club, 672 Dugald Rd, Dugald, MB R0E 0K0

Upcoming Activities:

Free Basic Curling Instruction – Tuesdays at 9:00 PM.

Call the club to register – (204) 853-7729

The Springfield Curling Club invites new members for the following leagues:

- Tuesday Night Ladies' League
- Monday and Wednesday Night Men's League
- Thursday Night Open League
- Friday Night Mixed League
- Ladies' Daytime League
- Thursday Afternoon Mixed League
- Monday Junior Curling (ages 10 – 12)
- Wednesday Teen Curling (ages 13 - 17)

Mixed Bonspiel - Feb 12 to 14, 2016 Contact: Lisa Hristovski tillyh@mymts.net

Men's Bonspiel – Feb 26 to 28, 2016 Contact: Nick Lucko nicklucko@hotmail.com

|If interested, please contact the curling club @ 853-7729 and leave a message.

The Lyncrest Flight Centre



Contact Information:

Name: Jill Oakes

Email: Jill.Oakes@ad.umanitoba.ca Website: www.lyncrest.org

Lyncrest Flight Community Centre provides alternative recreational opportunities for youth, families and seniors. The centre supports activities that inspire, educate, and promote all facets of recreational aviation, including health, safety, skills, training, management and relationship building, and communications. The Lyncrest Flight Community Centre is a modern, 2000sq ft centrally heated building with a cathedral ceiling and awesome view of the grounds. It is wheel chair accessible, has a full kitchen, two modern washrooms, and new tables and chairs for 80. The wood fireplace and comfortable sofa-chairs add a cozy atmosphere for family and business events. It is the hub of community recreation in the Ward 1 area and a leader in the Lyncrest neighbourhood community.

Scheduled and non-scheduled events occur year round. Non-scheduled events include: Most days between 11 am and 3 pm (wx permitting) drop in for a free cup of coffee, to browse through the Lyncrest Flight Library, to discuss recreational flying or aircraft building with local experts, to try your hand at flying on the simulator, join a group of cross country skiers (winter) or bicyclists (summer) and head out to Birds Hill Park along the Floodway Trail, volunteer to drive the tractor for an hour or two of snow clearing or lawn mowing, and a variety of other activities.

Formally scheduled events, including: Zumba, Yoga, BBQs, Fly-Ins, Aircraft Model Building Workshops, Airport Tours, Antique Aircraft Tours, Aircraft rides for Youth, Lyncrest Theatre, and other weekly, monthly and annual events.

Upcoming Activities and Events- more activities will be confirmed, check the RM's digital calendar and www.lyncrest.org for updates. Contact jill.oakes@umanitoba.ca to register. Everyone including non-pilots are welcome to register for any of these events and workshops:

January 13th and 20th – Mittens/Skin Boots Music and Munch 6:30 – 9:00 pm
January 23rd and 24th – Working with Aircraft Aluminum Workshop 9:30 am – 3:00 pm
Zumba Mondays – 6:00 – 7:00 pm, every Monday, book an 8-week block for \$80 (incl tax)
Yoga Wednesdays – 6:00-7:00 pm, every Wednesday, book an 5-week block for \$45 (incl tax)
January 30th – 31st and February 6th to 7th Igloo Building and Winter Survival \$150 each, family rates available. Tools and caribou skins provided; bring your own sleeping bag.
January – March – Rent an Igloo for your sleep over, birthday party or meeting! \$70 each, family rates available.
March 19th Model Aircraft Building Workshop with Theory of Flight and Flying Demonstrations for Adult:Youth couples. \$20 each couple includes the model, all supplies, and instruction.
January 10th – 31st Pilots Learners Licence Course especially designed for women and girls (brothers and partners welcome), includes PSTAR and Radio Operators Certificate. Free, offered by MB 99s International Women Pilots Organization. 6:00 – 7:30 pm
January 10th – 31st Instrument Flight Rating class. Free, offered by MB 99s International Women Pilots Organization. 7:30- 9:00 pm
February 9th Winter Flying on Skis Seminar 7:00 – 8:30 pm
March 5th Women of Aviation Week: Flight Festival for Women and Girls, 9:30 – 11:00 am
June 4th – 5th Women Fly - Free flights for women and girls of all ages. Pre-registration required.
June 11th EAA Young Eagles, free flights for boys and girls aged 8 – 17. Pre-registration

required.

June 19th Fathers Day Flights. Pre-registration required.

The Lyncrest library has the best selection of aviation-related books in the area. Drop in and curl up in an easy chair in front of the fire place or take some books, magazines and videos home.

Hall Rental

Lyncrest Flight Centre Community Club is available for rent for your family/business event. Modern wheel chair accessible facility, electric central heating, full kitchen, two large clean, modern washrooms, cathedral ceiling, fireplace, awesome view of the grounds. Seats about 80 people with new chairs and tables. Cutlery and Cornel flatware available on request (otherwise paperware). \$150 for an evening or afternoon. Contact Bert Elam bert767@gmail.com to book the hall.

RAA Final Assembly Workshop – Heated Hangar space – about \$180 for small aircraft. Contact Ben Toenders (btoenders@shaw.ca). Space available now for one full plane plus several wing/fuselage projects.

Air Traffic Control (ATC) course, for women (age 16 +) interested in learning how to control domestic and international aircraft, Sundays at 6 pm starting March 6th at Lyncrest C.C. Course includes tour of the Winnipeg Airport Tower and ATC simulators. Pilots and Non-pilots welcome.

Cook's Creek Heritage Museum

Contact Information:

Name: Liz Hogue Phone number: 204-444-3247

Email: info@cchm.ca Website: cchm.ca



We are a Prairie Museum dedicated to Manitoba's Pioneers from Eastern Poland, Western Ukraine and Eastern European Slavic Countries. The Museum is situated in the oldest settlement of Galician people in Western Canada. The early settlers brought many religious articles, traditional costumes and farm tools with them. In 1968 Father Alois Krivanek, of St. Michael's Parish, realized the importance of preserving these articles and preserving the heritage of the area. The Museum offers an opportunity to bring back memories of the past and a chance for visitors to increase their love and knowledge of our Canadian history, which will be passed on to future generations.

“Without the memories of the past there can be no dreams of greatness for the future.”

Upcoming Activities and Events:

Museum Open – Wednesday to Sunday 10 a.m. to 5 p.m. (closed Monday and Tuesday)

We are now closed for the season and will re-open in mid-May 2016

“Reviving the Past”- Museum Men's Group

Are you interested in tools and implements of the past? Are you interested in carpentry, mechanics, and restoration??? Or are you just interested in helping out? Our Blacksmith Shop and Museum has artifacts in need of restoration, identification, labelling and cataloguing. Our “Men's Group” will continue to meet in 2016, once a week, Thursdays from 10 AM to as long as you wish to stay, to work on small projects and to gather information on how these tools were used. We need your help and your stories. Coffee break and lunch will be provided. We will be starting up again on Thursday, May 5, 2016.

“Polski Czat”

“Informal” Polish language study group

Are you interested in learning conversational Polish or practicing what you know? Join us at the Museum for a very informal “Czat” sessions. We meet twice a month on the first and third Monday at 7 PM. Please call for dates and times. The only prerequisite is a good sense of humour! Novice and seasoned Polish speakers most welcomed.

If you have any questions about these programs, please contact us at board@cchm.ca. Or Call Liz at 204-444-3247.

Summer Employment Opportunities

Interested college and university students are invited to submit their resumes for summer employment at the Museum. Please forward resumes to board@cchm.ca

The deadline is April 16, 2016

Mark your 2016 calendars!!

Saturday, March 12, 2016- "Pysanki" Workshop – 01:00 – 04:00 pm - Easter Egg decorating that the whole family can enjoy. Watch our website for more details as pre registration is required!!!

Monday, April 11, 2016 – Annual General Meeting Church basement, 7 PM

Thursday, May 5, 2016- Reviving the Past Men's Group 10 AM to 3 PM

Wednesday, May 25, 2016 – Museum opening day

Sunday, June 5, 2016 = Season Opening Tea

Friday, June 24, 2016 – Pig Roast and Barn Dance

Sunday, August 28, 2016 - Heritage Day noon to 5 PM

October 15, 2016 – Heritage Howl

Evergreen Lodge

Contact Information:

Name: Sandie King Phone number: (204) 853-7349

Organization Overview:

Evergreen Lodge is a +55 residence located in Dugald which consists of 14 suites. Some of the residents gather together for various events in the common room.

Springfield Congregate Meals Program offers dinners on Mon., Wed. and Fridays at 5pm.

Open to +55er's but you need to sign up in advance so drop by and check out the menu.

Anola and District Museum

Anola and District Museum has a pioneer village consisting of an original school, blacksmith shop, pioneer house, chapel and Springfield's first fire truck. Open every Sunday, May to September, 1 p.m. - 4 p.m. and by appointment. Admission charged. Tel. 204-866-3009/866-2922. Location: 725 Weiser Crescent.

Anola and District Museum

Anola and District Museum has a pioneer village consisting of an original school, blacksmith shop, pioneer house, chapel and Springfield's first fire truck. Open every Sunday, May to September, 1 p.m. - 4 p.m. and by appointment. Admission charged. Tel. 204-866-3009/866-2922. Location: 725 Weiser Crescent.

Anola and District Over 50 Club

Contact information:

Name: Shirley Krawchuk Phone number: (204) 422-5223

The Anola and District Over 50 Club delivers programs that promote community involvement, socialization, physical activity, friendship and partnerships.

Upcoming Activities:

- Congregate lunches, Monday to Friday, 11:45 a.m.
- Bingo, Tuesday evenings, 6:45 p.m.
- Whist, Friday evening, 7:30 p.m.
- Cribbage, 1st Wednesday of each month, 7:30p.m.
- To rent the facility, please call Phyllis (204) 866-2905

Springfield Parks



Aspen Lake Park

Located in Oakbank at the Corner of Aspen and Holly. This park features a large play structure, Dynamo Biggo Duo Swing, Satellite Walk, Apollo Spinner, rock wall, and wheelchair accessible surfacing

Jodi Park

Located in Oakbank. Access from David's Place, Jodi Way and Sage Place. This Park features a large play structure, swings, wheelchair accessible surface, outdoor fitness equipment, and paths.

Kin Park

Located in Oakbank at the corner of Palmtree Bay and Buckthorn Dr. This park features two full size tennis courts with tournament style nets and an outdoor rink. The tennis court also features pickle ball lines.

Elm Park

Located on Elm Dr in Oakbank. This park offers a 2-5 play structure, Dynamo Swings, Spinners and Rockers, and wheelchair accessible surfacing. As well, this park also boasts a full size basketball court, play equipment and a BMX Hill.

Lions Park

Located on Laurel Bay in Oakbank. Lions Park offers both beach volleyball courts and play equipment

Prairie Grove Park

Located on Prairie Grove Road. This parks offers play equipment, baseball diamond, and a new outdoor skating rink.

Cooks Creek Community Club Park

Located at the Cooks Creek Community Club. This brand new park features a large play structure, Dynamo swing, spinner, and wheelchair accessible surface.

Gillespie Park

Located in Dugald. This park features a play structure, picnic tables and benches.

Hunter Paar Park

Located in Vivian. This Park features a 2-5 play structure, swings, and sand box.

Legion Memorial Park

Still in development, this park contains an armoured personnel carrier and strives to soon include similar pieces commemorating the Air Force, Navy and Merchant Marines. This park is located in Dugald, at the Springfield Library.



Community Organizations

Citizens on Patrol Program



The objective of the program is to foster a closer co-operative between the ordinary citizen and the police. By assisting the police to reduce the level of crime in the community, both groups, together, are helping to improve the quality of life within the community.

How can I join?

For volunteer information, please visit our web site, www.citizensonpatrol.homestead.com, all necessary training is provided for new members in the area of personal safety, observation, note taking and communication techniques. We work in partnership with Manitoba Public Insurance Corporation, RCMP Oakbank, and Springfield Police Service.



Springfield Regional Committee

Another Time Around Shop

Contact information

Name: Doreen Bonneteau

Phone Number: (204) 444-5100

SHOP HOURS: Tuesday - Fridays 11:00 AM to 4:00 PM and Saturdays from 11:00 AM to 3:00 PM.

Overview:

The shop offers gently used clothing for infants and baby needs, tots, teens, men and women; seasonal clothing and home decor; shoes, boots, socks, underwear, household dishes and gadgets, kitchen needs, books, kids toys and paraphernalia.

All items are received by donations, and all proceeds from the sales are returned to Springfield community families in need. Donations are welcome, by dropping off at the shop or at the Blue Box in the Family Foods parking lot in Oakbank. New stock is put out on a regular basis, and seasonal basis. We have seasonal sales which are posted on community bulletin boards and in the Clipper Weekly.

Please contact us if you know any child or family who could be eligible or benefit from this program.

The store is run strictly by volunteers of the Springfield Regional Committee.

OUR MOTTO:

The shop that pays it forward to the Springfield communities' families and children"

Springfield Food Bank

Gerry Raynard / Lori Beer Phone number: 204-866-2654 / 866-3403

Anola United Church / Springfield Food Bank Phone number: 204-866-3515

Organization Overview:

The Springfield Food Bank officially opened in February of 2008 after the need for such a facility was brought to the attention of the Reeve and the municipal council. At the request of the RM and with overwhelming support from the community, the food bank was established to serve all residents of Springfield who were in need of assistance. It began and continues to operate out of the basement of the Anola United Church on Weiser Crescent, directly behind the seniors' Residence in Anola. The facility is open on Saturday mornings from 10:00am to noon.

The Springfield Food Bank relies on the generosity of the community to sustain its operations. Monetary donations are gratefully accepted at the RM Office; cheques should be made payable to the RM of Springfield. Tax receipts are provided. Food items are also welcomed and can be dropped off at the food bank on Saturday mornings, or at any of the drop-off bins in the community. Please note that for the health and well-being of our patrons, we are unable to accept expired food items.

COMMONLY ASKED QUESTIONS:

Q. Who can access the Food Bank?

A. Anyone in the RM of Springfield that is finding it difficult to provide adequate meals for themselves or their family.

Q. What can I expect to receive from the Food Bank?

A. The type of food items vary from week to week. We try to provide peanut butter, soup, salmon/tuna, cereal, rice, pasta, pasta sauce, canned fruit and vegetables, baked beans, ground beef & bread. Again, this will vary from week to week depending on the donations received. Baby food is also available.

Q. What happens when I arrive at the Food Bank?

A. You are greeted by the 2-3 volunteers who operate the food bank and you are asked to provide your Manitoba Health card. The health card number is recorded, along with the number of adults and children shown on the card. **NO NAMES ARE RECORDED.** You are asked your general area of residency (Anola, Dugald, Hazelridge, Oakbank) and for government reporting purposes, you are asked what type of income (not amount) you have. This might be employment income, farm income, self-employed income, social assistance, disability income, etc. You are then provided with a pre-packaged food hamper and are able to select a number of items based on your family's preferences. The entire process usually takes less than ten minutes.

Q. How often can I access the Food Bank and what if I am unable to come on a Saturday morning?

A. You are able to visit the facility every two weeks to receive a food hamper. If you can't come on a Saturday morning, simply contact one of the coordinators (Gerry Raynard 866-2654 or Lorri Beer 866-3403) and we will do our best to make alternate arrangements for you.

AndrewDunn.org

Contact Information:

Name: Judy Dunn Phone number: 204-444-5228

Email: jd4mdam@gmail.com or info@andrewdunn.org

Website: www.AndrewDunn.org



Organization Overview:

MISSION STATEMENT:

AndrewDunn.org was established to educate the public and create awareness of mental health issues and suicide.

We are a grassroots organization that partners with other agencies to provide information and reduce the stigma that surrounds mental illness.

Our goal is to become a foundation. We strive to make a difference in how people perceive mental illness, to inform the public of available resources and to advocate for effective treatment.

ABOUT US:

AndrewDunn.org hosts a walk/run event each year on the day before Mother's Day to raise awareness and funding to support mental health and suicide awareness initiatives. Our organization is working on several Mental Health Initiatives, including one of our community support initiatives, a weekly Mental Health and Wellness Group in the RM of Springfield, *Springfield Connections*. Also through our fundraising efforts, our organization has supported and/or sponsored local, provincial and national mental health educational conferences, the MHERC (Mental Health Education Resource Centre) Library, anti-stigma projects, annual art exhibits in Eastman and a Mental Health Resource Section at the Springfield Public Library. In addition, some of our committee members sit on regional and national Suicide Prevention and Awareness committees and advisory committees.

Upcoming Activities and Events:

Please mark your calendars and save the date for our 10th Annual Andrew Dunn Walk/Run on Saturday, May 7th, 2016, hosted from One Insurance Arena in Oakbank, MB!!

Our "10th" Annual Walk/Run is fast approaching and we are very excited about this year's event! We are very pleased to once again have our additional event running in Souris to coincide with our Oakbank Walk/Run. We are bringing even more mental health and suicide awareness and stigma reduction as we add these events throughout the province. Our event is well known for its huge silent auction and this year will be no exception! We have some awesome new giveaways, our free BBQ lunch for our participants and there will be some great surprises for our **10th Anniversary Event**. Please join us again this year, and if you haven't made it out to our past events, then this is the year to head down to One Insurance Arena in Oakbank!! It is a wonderful family day with lots of activities and face painting for our little ones. What better way to wrap up such an important week as "Mental Health Week" (May 2-8th, 2016)!!

If you are a business leader in our community, please consider becoming one of our Corporate Sponsors this year. I'd love to speak with you personally, on behalf of AndrewDunn.org and the cause that we represent.

For more information, please contact Judy Dunn at 204-444-5228 or email jd4mdam@gmail.com or visit www.AndrewDunn.org to download a sponsor form.

The **Andrew Dunn Organization** is proud to be working in partnership with the **Mood Disorders Association of MB** to accomplish some of our many goals and objectives, including the *Springfield Connections* weekly Mental Health and Wellness Group in Springfield to help fill the need for more mental health supports and programming and also to establish Mental Health Resources in our regional libraries!

Springfield Connections

*Connecting with the Community
We Are Stronger Together!*



Contact Information:

Name: Judy Dunn Phone number: 204-444-5228

Email: jd4mdam@gmail.com Website: c/o www.AndrewDunn.org

Organization Overview:

This is a free weekly Mental Health and Wellness Group, designed for anyone living with a Mood Disorder, or may be dealing with Anxiety, struggling with stress in their lives or living with other mental health problems and is looking for a welcoming, supportive and non-judgmental environment.

Springfield Connections is an [AndrewDunn.org](http://www.AndrewDunn.org) initiative, that proudly works in partnership with the Mood Disorders Association of Manitoba. Connections welcomes and appreciates the Anxiety Disorders Association of MB and the Manitoba Schizophrenia Society, for their co-facilitation support.

Upcoming Activities and Events:

We offer games and crafts, enjoy outings, celebrate occasions together and monthly potluck luncheons together. Connections offers mental health support, information and resources, as well as recovery-based workshops and physical health programming. We welcome all supporting family members and friends to the programs, as well.

Please note, are located at the Springfield Library in the Multi-purpose Room on Wednesdays from 11:30 – 3pm. Please call Judy at 204-444-5228 or email jd4mdam@gmail.com for more information.

Please join us for the 5th annual Springfield Connections Christmas Party!!

Location: the Springfield Library (Hwy #206 @ Dugald)

Date: Wednesday, December 16th

Time: noon to 2:30

Springfield Connections would like to invite you to our Christmas Season Celebration, with a delicious pizza luncheon and \$10 gift exchange (& stealing game)!!

Please RSVP by December 9th to allow us to place our pizza order and make the necessary seating arrangements.

For more information about the party or for inquiries regarding our Weekly Mental Health and Wellness Group, please feel free to contact Judy by phone at 204-444-5228 or email: jd4mdam@gmail.com

There is no charge to attend for this event, however donations are always greatly appreciated. Also, please let us know if you are unable to purchase a gift for the gift exchange, as one can be provided for you.

Mood Disorders Association of Manitoba

Contact Information:

Name: Judy Dunn – Eastman Region Outreach Manager

Phone number: 204-444-5228

Email: jd4mdam@gmail.com

Website: <http://www.mooddisordersmanitoba.ca/>



Organization Overview:

Mood Disorders Association of Manitoba (MDAM)

About Us:

In 1983, the Society for Depression and Manic Depression of Manitoba was founded by Gwen Finnen as a self-help organization. In 1998, the organization changed its name to the Mood Disorders Association of Manitoba Inc

Our Mission Statement:

We are a self-help organization whose purpose is helping others help themselves through peer support, education, and advocacy.

We promote public awareness about mood disorders and empower people to develop and manage mental wellness.

We offer support to people with mood disorders and their loved ones, helping them understand and accept their condition, educate them concerning their treatment options and their participation in their recovery.

We accept individuals where they are and as they are and support them on their journey towards healing.

Upcoming Activities and Events:

One to one support, support groups, educational/awareness programs, displays and presentations.

What We Do:

Peer support, education, advocacy, resource centre (in Winnipeg) and self-help groups (special interest support groups available in Wpg). MDAM also have many v-eering opportunities.

MDAM proudly partners with the Andrew Dunn Organization on several awareness projects and mental health initiatives in the RM of Springfield, which includes the Andrew Dunn Walk/Run and the Springfield Connections Mental Health and Wellness Group.



Springfield Sports Club

Contact Information:

Name: Janessa Tolpa Phone number: (204) 541-0031

Email: springfieldsportsclub@gmail.com

Website: www.springfieldsportsclub.ca



Organization Overview:

The Springfield Sports Club (SSC) offers recreational sports for adults in the RM of Springfield. Please check our online schedule for exact times/dates. Sports change on a monthly basis, and all programming is geared to accommodate most fitness levels so everyone is encouraged to come out any try it!

Upcoming Activities and Events:

We play Wednesday from 8-9pm at the Oakbank Elementary School Gym, or École Dugald School. The season runs from October to April.

Association for Community Living-Beausejour Branch: Family Home Program

Contact Information:

Name: Cathy Bailley Phone number: (204) 268-1803 ext.*204

Email: cathyb@aclbb.com Website: www.aclbb.com

Organization Overview:

The Family Home Program is a residential option to support vulnerable adults with an intellectual disability. We are a non-profit community based organization which provides ___ person-centered opportunities for adults living with intellectual disabilities to lead the life they choose with dignity and respect. Adults living with intellectual disabilities are supported to lead meaningful and independent lives as contributing valued members of their community.

The Family Home program is designed to meet the residential needs of clients that flourish from the attachment of family and are somewhat functionally independent. Our Caregivers make long term commitments which reflect wholesome living with warm and caring attitudes towards each client. The hallmark of our homes is family.

Upcoming Events:

Information Evening Regarding our Family Home Program

Where: Springfield Library - 60024 Private 206 Rd, Dugald, MB

When: Tuesday April.5th 2016

Time: 7:00pm – 8:00pm

Are you a family member caring for a loved one with an intellectual disability? Are you and your loved one ready to look into the next step of becoming more independent? Are you a person interested in working with adults with intellectual disabilities? Are you interested in extending your family to include a new member who needs some support? Then this evening is meant for you. Please join us for information regarding the A.C.L –BB Family Home Program, our philosophy, support system, mission, vision and values. Refreshments will be provided as well as a power-point presentation explaining what we are about.

Please R.S.V.P Cathy Bailley by March.22nd/2016 at (204)268-1803 or cathyb@aclbb.com

Anola Play and Learn

Come join us during the school year to play and learn on Thursday's from 10am to noon at the Anola Community Club. We start off with circle time featuring songs and a story followed by a craft or other fun activity usually related to our monthly theme. Later we offer tasty, healthy snacks. Each visit includes lots of time for free play with highly engaging toys. Caregivers have plenty of time for fun and visiting too. We would love to meet you and your little ones!

For more information call Stephanie at 204-396-9535

or email anolaplayandlearn@gmail.com.

Ladies Time Out ~ Oakbank Baptist Church

Contact Information:

Marie Dueck Phone number: 204-444-2469

Organization Overview:

Ladies Time Out is an exciting opportunity for women of all ages to come together for fellowship, coffee, snacks, Bible studies, brunches, great speakers and more. Childcare is provided.

Upcoming Activities and Events:

Winter Session runs from January 20 – March 23, 2016, from 9:30-11:30 at the Oakbank Baptist Church Springfield Rd.

Registration Wednesday, January 20 at 9:30am.

The Physical Activity Leadership (PAL) Committee

The Physical Activity Leadership (PAL) Committee in conjunction with the Healthy Together Now offers a bursary program to train leaders for the Interlake-Eastern Regional Health Authority geographic boundary. The goal of this bursary program is to train more leaders to increase physical activity opportunities for residents. Bursary funds are designated to the extent that resources are available for the fiscal year.

For more information, please contact wellness@ierha.ca or call toll free 1-877-979-WELL (9355).

Mohutniy Ukrainian Dance Ensemble



Contact Information:

Name: Lavina Harding Phone number: (204) 797-8281
Email: gemni62@live.ca Website: <http://www.anola.mb.ca>

Organization Overview:

The Mohutniy Ukrainian Dance Ensemble is an adult dance group promoting the Ukrainian Culture through dance. This year marks our 15th year of proudly performing at weddings, anniversaries, festivals, competitions, birthdays, and community events, all over Manitoba and Saskatchewan.

We hold our dance practices every Wednesday evening from 7:00 – 9:00 p.m., and prior to performances, we practice on Sunday's, as required, at the Anola Community Club in Anola, MB.

If you have ever been interested in dancing, would like us to perform at an event, or want tickets to our performances, please call Dave Turchyn at 204-392-3221, Bill Hnytka at 204-866-2818, Ron Chay at 204-755-2821, or Lavina Harding at 204-797-8281.

Upcoming Activities and Events:

February 27, 2016 Mohutniy's 15th Anniversary ZABAVA (social), a hot evening meal, fabulous silent auction prizes, a live band and live performances by Mohutniy, in the Anola Community club!

Please come out to enjoy the dancing, the music and the Ukrainian food

RPE Fitness & Training Inc. in conjunction with Healthy Way Every Day

Contact Information:

Richard Insley (204) 471-9605 richard@rpefitnessinc.com
Karen Insley (204) 612-9255 karen@rpefitnessinc.com

Nutrition, Wellness & Weight Loss www.healthywayeveryday.com
Personal Training & Fitness www.rpefitnessinc.com

Organization Overview:

Karen & Richard are Springfield residents, who are considered, both locally and nationally, as healthy living experts; highly respected individuals in the health and fitness industry; award winners; public speakers and published writers.

Fully Certified Personal Trainer & Fitness Instructor; with possession of full liability coverage; CPR & First Aid; with years of experience working with clients of all ages, sex, ability and fitness levels.

Services:

Certifications and services include Nutrition, Eating Disorders, Body Image Issues, Healthy Eating, Weight Loss, Fitness, Bootcamps & Personal Training; and we are experts who specialise in working with those who are injured, mobility restricted, those requiring rehabilitation and older adult clients.

Upcoming Activities and Events:

- New Year Community Fitness Programs starting January 2016 at DUGALD ESTATES ** (days and times will be announced on our website in the new year)**
 - o Chair fitness programs
 - o Curling and golf conditioning
 - o Yoga / Flexibility / Mobility
 - o Strength and cardio fitness
- Older Adult/Seniors Ability Fitness Beats Drums Alive Classes : EVERY TUESDAY at Dugald Community Centre at 10am; \$5 drop in fee; exercise the brain and the body; improve flexibility and mobility; increase strength and cardiovascular fitness; all fitness levels welcome.
- In Home & Small Group Personal Training – we come to you, or, if you want access to commercial gym equipment, you can come to our private home gym.
- Community nutrition and wellness presentations starting January and run throughout 2016 in conjunction with Springfield's Pride Muay Tai Martial Arts Gym.

Element Om

Contact Information:

Name: Ruth Veitch

Phone number: (204) 444-5064

Email: info@elementom.ca

Website: www.elementonom.ca

Organization Overview:

Element Om is a beautiful studio located in Oakbank. The studio was founded to provide a place where the discipline benefits of Yoga could be integrated with other health modalities including; Pilates and Barre.

We are dedicated to making everyone who comes through the doors feel like a welcomed friend.

An authentic smile, a clean, cozy, and a supportive space to practice, lounge, and mingle are some of the ways we love to nourish you on and off the mat, and create a nurturing home for our community to connect and thrive.

Our intention is to help balance your life, leaving you rejuvenated and more in your natural element. Physically, mentally, and spiritually, classes will make you move and sweat to tap your inner warrior, or slow down and relax, that'll simply bring you home to your own body to release stress, detoxify, and heal.

Various passes are available for absolute beginners to experienced practitioners to satisfy a busy lifestyle.

Upcoming Activities and Events:

Join us anytime! Check out our schedule online at elementom.ca Try out our intro special

Join us for two weeks unlimited to all classes for only \$30

We have created a space for you to come and escape your day, whether it's to challenge yourself to an energizing Barre, or to mellow out in a soothing yin class. The studio is stocked with all the equipment you need to support your practice.

All Instructors are trained through Yoga Alliance and Stotts Pilates. Try the various styles of Yoga from beginner, Yin, Restorative, Hatha and Vinyasa Have fun in Barre and feel your core shake! or find your balance in yoga.

Sunrise Performing Arts Centre of Excellence Inc.

A registered Canadian Charity #865734107RR0001 www.cra-arc.gc.ca

573 Main Street, Oakbank

(204) 444-3567

e-mail office.sunriseperformingarts@gmail.com

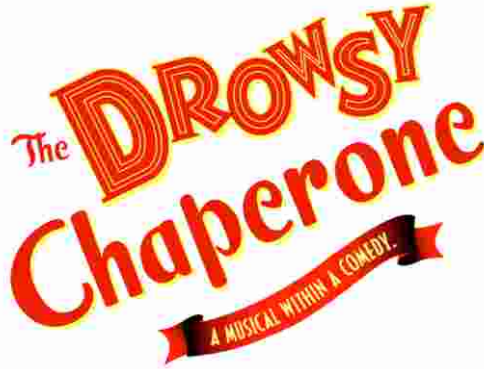
www.sunriseperformingarts.ca

the SPACE Mission Statement

To enhance knowledge, participation and appreciation in the performing arts by providing classes, workshops and events to all ages and abilities through the performing arts schools and programs we operate.

Springfield Theatre Company Presents...

..



Music & Lyrics by Lisa Lambert and Greg Morrison, Bob Martin, Don McKellan

ON STAGE February 16th, 18th, 19th, 20th

Oakbank United Church Hall

Tickets available at the SPACE Office (204) 444-3567

Evening and Saturday Matinee Open to the Public

**Weekday Matinees for Schools and Special Interest Groups
(For more information contact the SPACE office)**

Springfield Theatre Company's Youth aged semi-professional education theatre company provides opportunity to experience and participate in a semi-professional musical theatre company

Auditions held annually late August



WINTER CLASSES.....REGISTER NOW!!

Tumbling

8 weeks Sundays January 10 – February 28
Ages 5 – 7 years 3:30 – 4:15 p.m. \$75
Ages 8 years & up 4:15 – 5:15 p.m. \$85

Youth Hip Hop

8 weeks \$85 Fridays January 15 – March 4
Ages 7 – 12 years 4:00 – 5:00 p.m.

Preschool

8 weeks \$85....Thursdays January 21 – March 10
Romp N' Stomp Ages 3 years – 1:30 -2:15 p.m.
Kinder Ballet Ages 3.5 – 4 years – 2:15 – 3:00 p.m.
Kinder Combo Age 4 or Kinder Ballet Prerequisite – 3:00 – 3:45 p.m.

Voice Lessons

Tuesdays Group and Private Lessons ...beginner to advanced for times contact the SPACE

Adult Classes

Jazz Tuesdays 8:00 p.m.
Ballet Wednesday 6:00 p.m.
Tap (Beginner) Wednesday 9:00 p.m.

COMING SOON...

Magic Classes....
Balloon Sculpting....
To inquire contact the SPACE



SPRING...

JR. THEATRE PREP COMPANY Friday April 8th – May 20th 6:00 – 7:00 p.m.
Opportunity to learn about being a cast member for the Springfield Theatre Company's Annual Production, these 7 weeks of classes will provide instruction in voice, acting and dance all elements of Musical Theatre Production. For more information contact the SPACE.

**The SPACE's Annual Recital Pantages Playhouse Theatre
7:00 p.m. Sunday, May 22nd
Tickets Available at the SPACE early April**

SUMMER...

PERFORMING ARTS SUMMER DAY CAMPS July & August
Week long day camps in DANCE ACRO TUMBLING HIP HOP MAGIC
For scheduling information contact the SPACE



PERFORMING ARTS WORKSHOPS & PROGRAMS DELIVERED TO YOUR SITE

The SPACE offers a variety of Performing Arts Workshops delivered to your site or hosted in our studios. To date we have delivered programs to Schools, Day Cares, Recreation Departments, Libraries and Community Centres from Lac du Bonnet to St. Malo to Winnipeg. For more information contact the SPACE or thespace_outreach@outlook.com

2016/17 PROGRAM REGISTRATIONS

Registration Commences in May 2016



Dance Voice and Theatre Programs

Pre-Ballet/Tap Combo (ages 3-6), Tap/Jazz Combo (ages 6-8)

Ballet (Pointe/Syllabus/Non-Syllabus), Hip Hop, Jazz, Tap, Lyrical,

Tumbling (ages 5 – 7 years) Acro (ages 7 years & up) Voice (ages 6 years & up)

Classes commence Monday, September 12th running through to May

For more information contact the office via phone or e-mail

To register or for more information contact the SPACE at...(204) 444-3567

office.sunriseperformingarts@gmail.com

573 Main Street, Oakbank MB R0E 1J0



Contact Information:

Name: Community Wellness and Chronic Disease Prevention

Phone number: Toll Free 1-877-979-WELL (9355)

Email: wellness@ierha.ca Website: www.ierha.ca

Organization Overview:

Chronic diseases last for a long time. They generally can't be prevented by vaccines or cured by medication and they don't just disappear. Common chronic diseases are diabetes, cancer, heart disease, stroke, respiratory disease and arthritis.

Chronic disease is the leading cause of death and disability in Canada. It cuts people's lives short and it introduces disabilities that reduce the people's quality of life.

Chronic disease also demands the lion's share of health care expenditures. Of all the money spent on addressing illness, chronic disease requires the greatest proportion of expenditure.

The most common chronic diseases are, for the most part, a result of lifestyle choices and are PREVENTABLE.

The education programs that we offer are geared towards preventing chronic disease before it happens and helping those who are living with chronic disease make healthier choices to slow or prevent the progression of disease. We offer something for everyone!

Services, Upcoming Activities and Events:

Diabetes Self-Management Program:

Have you recently been diagnosed with pre-diabetes or diabetes? Are you unsure of what diabetes is? The Interlake-Eastern Community Wellness Team is here to help you. This program consists of two or three classes; explaining what diabetes is, how to control blood sugars, what to eat with diabetes and how to read food labels, treatments for diabetes, how to stay healthy from your eyes to your toes, how to manage cholesterol and blood pressure and how to make healthy lifestyle choices.

Craving Change:

A how-to workshop for changing relationships with food. Change your thinking, change your eating. Are you craving change in your eating habits? Want to kick a bad habit? Do you struggle with your eating and want to learn how you can create a healthier you? Then this **FREE program** is the class for you!

Take Charge of Your Health- Introduction to Exercise:

“Physical Activity is vital to your physical and emotional health and can bring you fun and fitness at the same time.”

Leave this **FREE class** with resources to continue on your path to Wellness. You will learn:

- Where to begin
- Goal setting
- The physical activity guidelines specific to your age group
- Recommendations for developing a walking program
- Gentle stretching & strengthening exercises modified to meet your individual needs

***Don't forget your running shoes and to wear comfortable clothing!

We'll get up and get moving as we learn fitness facts!

Take Your Physical Activity to the Next Level- How to Build on to the Basics:

“Physical fitness is not only one of the most important keys to a healthy body. It is the basis of a dynamic and creative intellectual activity.” Leave this class with resources to continue on your path to Wellness.

You will learn:

- The physical activity guidelines specific to your age group
- Learn about the basics of building a personal fitness plan (the FITT Principle)
- Why is form and core strength so important?
- Progression from body weight exercises to light resistance training with bands and ‘weights’ you can find in your home.
- Recommendations for preparing for a 5K walk/run
- How to revisit goals with improved physical activity

***Don't forget your running shoes and to wear comfortable clothing!

We'll get up and get moving as we learn fitness facts!

Get Better Together:

Are you living with a chronic condition such as arthritis, MS, depression, asthma, chronic

pain, diabetes, anxiety, cancer, fibromyalgia or heart disease? Come join Get Better Together! People with different chronic health problems attend together to deal with common issues they face and to motivate each other with solutions and techniques for:

- Dealing with frustration, pain, fatigue and isolation
- Appropriate exercises for maintaining and improving strength, flexibility and endurance
- Appropriate use of medications
- Communicating effectively with family, friends and health professionals
- Maintaining appropriate nutrition
- Engaging with other community resources

This FREE six week workshop is designed to help people with ongoing health conditions take control of their health. This program, led by others living with chronic conditions, can help you develop a plan to deal with the challenges of an ongoing health concern or disability. Bring a friend, family member, or other support person to attend with you! Each session is 2.5 hours.

Get A Grip On Stress:

A four-week stress management series for everyday life, for ordinary people.

This series will provide you with some Stress-Busters; tools and methods for balancing your life, dealing with stressful people and situations, and keeping your body in stress fighting shape.

This workshop series is for adults who are experiencing stress in their family, work & personal lives.

F.A.N. CLUB Fitness & Nutrition Club A 4-Week Program for Families:

F.A.N. Club:

Fitness and Nutrition Clubs. A program to activate families is coming soon to your community!

Mobile Wellness:

Mobile Wellness (MW) events are free events that bring a team of health care professionals to provide education and help you make healthy lifestyle choices. MW encourages people to be aware of the factors that affect their health and the things that they can do to improve their health. MW includes: a health check (blood pressure, blood glucose, and a lifestyle quiz); healthy displays on physical activity, nutrition, smoking and stress, healthy lifestyles presentation and a passport to record results.

Cancer Navigation Services

When facing a cancer diagnosis it can be shocking and confusing. If you or a member of your family have been diagnosed with cancer or have reason to believe suspicion of cancer exists, the cancer navigation services team is here to help.

Cancer navigation can guide and support you and your family through the entire cancer journey. Receiving information and support in a timely manner can help to reduce distress and anxiety. Cancer navigation services are provided free of charge to Interlake-Eastern Regional Health Authority residents and their families.

The cancer navigation services team consists of: two nurse navigators, a community engagement liaison and an oncology social worker psychosocial oncology.

For more information, please contact:

Toll-Free: 1.855.557.2273 (CARE) Fax: 1.204.785.9242

To reach the community engagement liaison

Phone: 1.204.739.2777

Fax: 1.204.739.5544

For more information please visit ierha.ca, click on “Care in Your Community”, “Services in Communities” and “Cancer Services”.

Prairie Voices Toastmasters Club 5351



Contact Information:

Name: Susan Kotello, DTM

Phone number: 204-296-6209

Email: skotello@highspeedcrow.ca

Website: <http://5351.toastmastersclubs.org/>

Organization Overview:

Toastmasters International is a world leader in communication and leadership development. Members improve their speaking and leadership skills by attending one of the 15,400 clubs in 135 countries that make up our global network of meeting locations. Did you know we have a club that meets weekly at the Springfield Public Library in Dugald? We need effective leaders in our world. Leaders head families, coach teams, run businesses and mentor others. These leaders must not only accomplish, they must communicate. At Prairie Voices, we give speeches, gain feedback, lead teams and guide each other in a supportive atmosphere to achieve our goals.

Services, Upcoming Activities and Events:

Membership in Prairie Voices costs \$99 per year and with it you receive weekly meetings, invitations to District conferences and special events, a magazine subscription, a workbook and access to loads of resource material. Go to our website to view our upcoming events. What are you waiting for? Start your journey in improved communication today!

Anola Enhancement Association

Contact Information:

Name: Mildred Brown Phone number (204) 866-2242

Email: spotdog@mymts.net

Organization Overview:

The Anola Enhancement Association is a non-profit organization made up of volunteers from the community. We bring beautification to the community through various projects such as the Welcome to Anola Banners, Canada flags and the Welcome to Anola sign, as well as benches and planters. We are also responsible for the decoration of the large Christmas tree by the Welcome to Anola sign and the seasonal decorations on the flag pole. The Anola Enhancement Association organizes the annual Parade of Lights at which we serve complimentary refreshments followed by a fireworks display. We meet the last Thursday of the month at the Anola Community Club. We would like to extend a welcome to anyone that is interested in attending one of our meetings.

Services, Upcoming Activities and Events:

The Anola Enhancement Association will be hosting their Annual Spring Fund Raising Dinner on Sunday, April 24, 2016. Come out and enjoy a great meal and meet the community.

Contact Mildred at (204) 866-2242 for ticket information.





SPRINGFIELD MINOR SOFTBALL ASSOCIATION



WINTER CLINICS

Our winter clinics are designed both for those girls who have an interest in Softball and wish to learn how to play it, as well as our returning players. All experience/skill levels are encouraged to come out and our coaches will work with your child at the appropriate level so they have fun and learn this wonderful sport!

SKILLS CLINIC

- Fridays at Springfield Middle School gymnasium
- Time slot 1: 7:00 – 8:15 OR
- Time slot 2: 8:30 – 9:45
- Cost: \$25
- Minimum 10 sessions
- Starting Jan. 2016
- Open to girls of all ages and skill level/experience

PITCHING CLINIC WITH RUTH HIEBERT:

- Wednesdays at Oakbank Elementary gymnasium
- Time: 5:00 – 6:00
- Cost: \$75
- Minimum 10 sessions
- Starting Jan. 2016
- Open to girls of all ages

For more info, please contact us at: springfieldminorsoftball@gmail.com

ANOLA H.E.A.T.

Contact Information:

Name: Michelle Street

Phone number: 204 794 5117

Email: michellestreet@live.ca or anolaheat@hotmail.com



Organization Overview:

Anola H.E.A.T. is a weekly dance program based out of the Anola Community Club on Thursday evenings.

Our recreational program offers a Creative Class for 3 – 5 year olds where they learn basic dance steps through music and play. Jazz/Hip Hop, Ballet, Lyrical, and Tap are offered to ages 6 and up.

The competitive program offers Baton and Pom Pom for ages 7 and up. Our athletes attend competitions locally, with the opportunity to attend competitions nationally.

Services, Upcoming Activities and Events:

Dance is a great way for your child to have fun and exercise at the same time! Please watch for posters on upcoming events!

Springfield Agricultural Society



Contact Information:

Name: Marilyn Bouw

Phone number: 204-866-3707

Email: mhbouw6@gmail.com

Website: springfieldagsociety.com

Organization Overview:

Springfield Agricultural Society exists to promote awareness of agriculture among residents of the R.M. of Springfield and to celebrate rural life. Our 133rd Springfield Country Fair on Saturday July 18, 2015 was a great success, with a large turnout of community members, including many young families. We wish to thank our volunteers who came out and helped to make this day of fun-filled, family-friendly events possible. All the events except the meals were included in the very low entry fee of \$3 per person, \$10 per family. This rich experience was made possible with the support of our many community sponsors, for whom we are very grateful.

Recently we have been submitting a series of articles in the Clipper titled “Aliens Among Us!” with the intention of raising awareness of the invasive plant species in the Birds Hill Eco-Region. The last of the series provides three suggested alternative plants for each of the “aliens” that cause problems for the ecosystem, farmers and gardeners. Hopefully this will help to enable community members to make good decisions about what to plant in their gardens or which problem plants to report to the local Weed Supervisor or the Rural Municipality so they can take appropriate action.

Upcoming Activities and Events:

February 13, 2016 - The Sweetheart Dance from 7:00 to 12:00 p.m. at the Anola Community Club. Dance music provided by the Ilchyna Family Band. Tickets \$10.00, available at the Anola Building Centre and the Dugald Convenience Store, or call 204-866-2023 or 204-866-3707. Come and get together with friends and neighbours for a good, old-fashioned social evening.

July 16, 2016- the 134th Springfield Country Fair. All community members are welcome to enter as exhibitors in the friendly competition at the fair: the Springfield Country Fair book will be available online at springfieldagsociety.com. Your \$5 Springfield Ag Society membership fee is likely to be “won” back many times over, and includes free entry to the Fair. We look forward to seeing what the community's creative efforts will bring us every year. Come and meet up with old friends, make some new ones, and share the joy and privilege of Country Living!

There are many big jobs and little jobs involved in bringing you a Country Fair, and we wish to send a very special Thank You to our many volunteers. They are the key to the success of any community event. We are seeking the support of more community members as we prepare to celebrate our 134th Springfield Country Fair! Please call Marilyn Bouw, President at 204-866-377 or email mhbouw6@gmail.com if you are interested and available. In particular, there is need of helpers for the set up of the Event Hall on the Monday before the Fair (July 11), and take down on the Monday following the Fair (July 18) We would be glad to sign documentation for Volunteer hours.

Springfield Play Group

Contact Information:

Name: Brandi Dieno Phone number: 204-444-2621

Email: springfieldplaygroupinfo@gmail.com

Website: www.springfieldplaygroup.com

Organization Overview:

Come out and play! Springfield Play Group continues to offer a FREE program for infant to preschoolers and their caregivers. We offer healthy snacks, lots of great toys that we lend to our registered members, songs, stories, instruments, community guests, and outings. We invite you to join us on Wednesdays, 10am-12pm at the Oakbank United Church through the months September to June. Pop in anytime, we look forward to meeting you and your little ones!

Springfield PlayGroup's success is due to the wonderful volunteers who pitch in, our fantastic community members who lend their expertise, and with the support of our generous grants from Bright Beginnings North Eastman Parent-Child Coalition and our awesome Rural Municipality of Springfield. We thank you for your continued support!

Get in Shape without Leaving Your Community



Thrive Fitness is bringing fitness and fun to locations across Springfield again this winter! We know you don't want to drive to the city to get your fitness fix so we bring the party right to YOU in your own community!

Join us anytime for ZUMBA and ZUMBA GOLD (low impact), a fun, easy-to-follow Latin dance fitness party for all ages and abilities that can burn up to 800 calories in an hour! JOIN US ANYTIME!!!

Check out the schedule on our website to find a class in your community...

For more information contact:

Allie DePaulo 204- 866-2969

Website: www.thrivefitnessmanitoba.com

Email: thrivefitnessmanitoba@gmail.com



Oakbank Parents for Ukrainian Education

Contact Information: Cheryl Fidler Phone number: (204) 444-6068
Mary Ellen Klippenstine Phone number: (204) 803 1946

Email: opuecommittee@gmail.com

Organization Overview:

Enrolling a student in a second language program enhances that child's academic, personal, social, educational, and economic opportunities. The educational challenges of the program encourages children to develop excellent listening and study skills. The curriculum developed by the department of education is designed to enable children to succeed WITHOUT requiring parents to have any Ukrainian language skills.

If your child is registering for kindergarten or grade one, consider enrolling in a second language option program. Oakbank Elementary School offers an excellent English/Ukrainian bilingual program.

- Anyone can register. Knowledge of Ukrainian is not necessary for enrollment
- This is not an Immersion program, but rather a bilingual program
- Enrollment is available only to student at the kindergarten and grand one level
- Language Arts, Science and Math are taught in English
- Students still receive basic French

Upcoming Events:

- Further questions can be directed to Oakbank Elementary School, 204-444-2473

Crafteas Fun with Art



Contact Information:

Name: Tracy Jones Phone number: 204-444-4255

Email: crafteas@mts.net

Organization Overview:

Art classes for ages 6 years to 18 years- working in a fun environment encouraging and nurturing creativity through small group learning allowing the students to learn together and as individuals, gaining confidence and learning exciting new skills. All supplies are included working with pencil, pastel, acrylic and water colour.

Classes run Mondays and Wednesdays: 5:30pm to 7:00pm and 6.30pm to 8:00pm on Mondays and 6:00pm to 7.30pm on Wednesdays. All classes run in 3 week sessions \$50 per 3 week session.

I am also available for commission work, portraits and painting. Wall murals and face painting. Please call (204) 444--255 for more information. All classes run January to June and September to December.

Oak bank Beautification Committee

Contact Information:

Name: Cliff Dalke Phone number: (204) 444-3044

Email: dalke1@mymts.net



Organization Overview:

The Oak Bank Beautification Committee is a group of dedicated volunteers who, every summer, undertake to keep our community clean and beautiful.

Under the director of a committee chairperson, these volunteers order, receive and place the flower baskets in preparation for Public Work staff to hang them down Main Street in Oak Bank. Flowers are also planted in the concrete ground planters at the same time by committee volunteers.

Committee members also repair and re-stain the wood portions of the concrete benches down Main Street. Watering and fertilizing the flowers takes place throughout the summer on a regular basis. The hanging planters are taken down each summer to make way for the Christmas lights. The baskets are emptied and returned to the nursery in preparation for next year's planting.

Projects:

The Oak Bank Beautification Committee designed, worked with municipal staff to obtain provincial funding, and fundraised for the "Welcome to Oak Bank" sign. Municipal staff installed the sign.

Selo Ukrainian Dancers

Contact Information:

Name: Rod or Bonnie

Phone number: 204.697.8233

Email: seloukrainiandancers@mymts.net



Organization Overview:

The Selo Ukrainian Dancers are a troupe of young, enthusiastic performers. The group rehearses out of Anola and the dancers range in age from 5-20. They have a repertoire of dances and colourful costumes that are representative of every region of Ukraine. For further information regarding the dance group contact Rod or Bonnie @ 204.697.8233 or seloukrainiandancers@mymts.net

Upcoming Activities:

- Zabava, February 6, 2016. Live band, Slooha, hot lunch, silent auction. for tickets please call 204-866-4114
- Upcoming 30th Anniversary performance
- Cash Calendars available, contact the dance group for tickets and calendars



Parkside Pool

Contact Information:

Name: Tim Holden Phone number: 204-444-3987 or 204-232-5434
Email: parksidepool@gmail.com Website: www.parksidepool.com

Organization Overview:

Located on Provincial Road 206, 4 kilometres North of the Bird's Hill Provincial Park East Gate. Red Cross Training Partner and Lifesaving Society Corporate Affiliate offering swimming and water safety programs in the RM of Springfield community.

Upcoming Activities:

- Red Cross water safety information helps children identify the risks, so they can enjoy a safe and fun water experience, in, on, and around the water.
- Red Cross Swim Preschool, Red Cross Swim Kids, Red Cross Swim Strokes
- The winter session starts January 2016 contact us now for registration

Springfield Service to Seniors

Contact Information:

Name: Diane Dumas Phone Number: 204-853-7582
Email: springfieldseniors@mymts.net



**Creating a Community
Committed to Healthy
Active Aging**

The Springfield Services to Seniors office is located at the Springfield Community Library, 60 024 Highway 206 ~ just north of Highway 15

Office hours: Monday to Friday 8:30 a.m. to 4 p.m.

Springfield Services to Seniors provides ongoing support services to assist seniors or those physically challenged to maintain or enhance their independent lifestyle.

Programs and services available:

- The Driver Escort Program provides transportation to medical appointments, recreational events or shopping.
- The Handi-Helper Service is designed to provide fee-for-service workers at reasonable rates to assist with Housecleaning, Yardwork, Snowclearing and Minor Home Repairs.
- Friendly Visiting or Friendly Phone Calls can provide those who are shut-in or lonely with companionship and support.
- Foot Clinics are held either monthly or bi-monthly at all five Senior lodges in Springfield. An in-house clinic is also held for the residents of Oak North Condos. Home visits are provided as needed.
- Lifeline is a personal response system that is there for you, when others can't be. It can provide that extra peace of mind that you and your loved ones may need, enabling you to continue to live independently in your own home. Assistance is just a push of a button away 24 hours a day/7 days a week.
- Emergency Response Information Kits (E.R.I.K.) contain all necessary information that would be required by emergency personnel should medical emergencies arise.
- Assistance with Completion of Forms is available on request.
- Springfield Volunteer Income Tax Program is available.
- Home or Community Visits are available on request.
- Seniors Information is available on request.
- Referrals are made to other community service organizations as required.

- Health and Wellness Events are arranged as needed or requested on issues pertinent to Seniors needs.
- Volunteer and Fee-for-service opportunities are always available!
- Senior Shopping Trips 1st and 3rd Friday of the month \$5.00 per person
- Seniors Exercise Programs
- Chair Yoga
- Zumba Gold
- Pickleball
- Anola
- Oakbank
- Men Programs
- Bowling Trips are typical offered on the first and third Monday of the month. Call (204) 853-7582 or (204) 444-4119

Bowling Trips

Senior Bowling Trips are typical offered on the first and third Monday of the month. Call (204) 853-7582 or (204) 444-4119. Upcoming bowling dates; January 11 /25 February 8 / 22 March 7 / 21 April 4 / 18

Springfield Handi Van

The Springfield Handi Van is available for group charters and medical appointment. Email, swilkinson@rmofspringfield.ca, or call (204)-444-4119 for details.

Men in the Kitchen

Date: January 19, 2016 (8 weeks), 10:00am Location: Anola Community Club
Join us for a fun filled, educational eight (8) session program just for men. You'll learn more about that room called the kitchen and become your own master chef!

Participants will develop the following skills

- How to prepare meals for one or more
- How to handle leftovers and avoid waste
- How to make healthy food choices
- How to read food labels – What to watch out for
- Learn to make all your favorite comfort foods
- And so much more....

Call Diane to register, (204) 853-7582, or email springfieldseniors@mymts.net

Income Tax Information Session

Date: March 18, 2016, 1:00pm
Location: Springfield Public Library
Do you have questions about your income tax? Pension splitting and the many tax credits available got you puzzled?
Call the Springfield Services to Seniors office at 204-853-7502 for information.



SAFETY
SERVICES MANITOBA



Manitoba
Public Insurance

FREE
MATURE DRIVER
WORKSHOP

Do you want to increase your confidence and driving ability?



The FREE Mature Driver Workshop will:

- Teach you defensive driving techniques
- Show you how to enhance your driving skills
- Update your knowledge of traffic laws and road safety rules
- Show you how to compensate for any changes that may occur in your hearing, vision, flexibility and reaction time

Wednesday February 10th at 1 p.m.
United Centre at Dugald Estates, 800 Jaffray
Contact Diane at 204 -853-7582
or email springfieldseniors@mymts.net to register

Preventing loss, protecting people since 1964

safetyservicesmanitoba.ca

Springfield Public Library



Great books, and so much more!!

WINTER PROGRAMS & EVENTS

January to April 2015

(And a few December reminders...)

Contact Information: Manager of Library Services: Donna Walby Lawson

Phone Number: 204-853-2039 / Cell 204-330-1969

Email: manager@springfieldlibrary.ca

Website: www.springfieldlibrary.ca

Located on Hwy # 206 just North of Hwy # 15 (Dugald Road)

LIBRARY HOURS:

Fall to Spring:

- * Tuesday & Wednesday 10:00 a.m. to 8:00 p.m.
- * Thursday & Friday 10:00 a.m. to 5:00 p.m.
- * Saturday 10:00 a.m. to 4:00 p.m.
- * Sunday & Monday CLOSED

We also close at 2:00 p.m. on the Saturday of Long Weekends.

GETTING THE WORD OUT: For current information, please view our electronic info sign inside the library, check our website, our submission “Springfield Library Corner” in The Clipper Weekly, the Highway sign at the end of our drive, or call the Library.

*****MEMBERSHIP IS FREE TO THE RESIDENTS OF THE R.M. OF SPRINGFIELD*****

We have close to 28,000 catalogued items, including books, movies, audio books and magazines. To search our catalogue, visit our website springfieldlibrary.ca and click on the “SEARCH CATALOGUE” banner.

OUR LIBRARY BOARD is always available for your comments by email at: board@springfieldlibrary.ca

Current Board Members: Chair: Vince Bennici Counselor: (Pending) Treasurer: Jack Stafford

Secretary: (Pending) Directors: Anne McCombe, Sally Colomy and Terry Hoover.

We also encourage residents who have visited the library to fill in the on-line survey, developed by the Province of Manitoba, on the first page of our website. With your input, we are more able to provide the type of services and programs that best meet the needs of our community.

7th ANNUAL CHRISTMAS CRAFT SALE: Saturday, Dec 12th 10:00- 3:00. Tables \$35.00 Call Sally to book your table: 204-853-2172. \$2.00 Admission. Kids under 12

free. Silent Auction and Canteen. This has, from our 1st year, been our major fundraiser, with Sally Colomy coordinating each sale and doing an amazing job of representing the Board and Library in this annual event.

At Christmas and Hanukah, we wish you all the JOY your hearts can hold this HOLIDAY SEASON. Peace, Prosperity and all Good Things in the NEW YEAR. Stop in and take a break- enjoy coffee, tea and “Goodies” during Christmas and New Year's weeks. From all of us at Springfield Public Library! TIN for the BIN: We will once again collect items for Christmas Hampers. Besides canned and boxed food, soaps, shampoo, and other personal items are welcome. Donations of cash will be forwarded as well.

WINTER WONDERLAND: LOUIS RIEL FAMILY DAY: With funding from Healthy Together Now, a continuation of our Snowshoe Lending program, we have received funds to create a winter park on our grounds, and hold a carnival, if not on the weekend of Lois Riel Day, the following weekend. If you have a live Christmas tree this year, we are looking for trees to “insert” into snowbanks along the trails that will be created once the snow gathers. Trees will then be decorated with hand-made bird treats, and other decorations from our children's craft sessions.

We are in the process of planning our winter carnival, with help from Ron Colomy, the local Manitoba Metis Association and friends and staff of the library. We anticipate snowshoe races and other games, bannock and pancakes and maple sugar candy making for a start. Please watch future editions of The Clipper and our website for updates.

VOLUNTEERS: Cherie Denorer, our Library Services Coordinator trains and schedules our volunteers. We have a great team of dedicated volunteers who commit to a minimum of one two hour shift per week to ensure they remain current with our procedures and practices. Many volunteers commit to much more than the minimum. Interested in volunteering? Call Cherie, or email her at: cdenorer@springfieldlibrary.ca

TEENS who have shown an interest have been involved with developing programs at the library for their peer group, as we strive to create “Your Place” for teens. If your high school has a volunteer credit program, Cherie will help coordinate a volunteer schedule to accomplish your goal.

Programs and Events:

(NEW) MOCCASIN WORKSHOPS: From January through April. Maximum class size of ten. Our first session running January and February is full. We are taking names for March/April sessions. Fee: \$100 covers materials and instruction.

(NEW) SCRAPBOOK WORKSHOPS: Running on Wednesday evenings from 6:30 – 8:00 p.m. Drop in format. Materials and instructor provided free of charge. Bring your own supplies, or use ours!

SPRINGFIELD ART GALLERY: Springfield Library is proud to act as host for the impressive collection of our Artists year 'round. All artists are local, and their works are all available for purchase. Multi-media artist Ida MacKenzie, Painter Genevieve Henderson, Fabric Artists Susan Selby and Kay Nemeth, Photography by Muriel Gobeil, and Glass Fusion by Andy Ewing: have their work displayed throughout the facility. If you are a

local artisan, craftsperson or artist, we would love to display your work. We have a display case, which allows us to rotate the creations of interested artists. Please call Donna or Cherie to arrange display of your work.

PROGRAMS: All programs are free of charge unless otherwise specified at time of registration, thanks to funding from: Bright Beginnings, Healthy Together Now, and other divisions of the Province of Manitoba and the R.M. of Springfield. Registration and information packages are found on the Patron Services Counter, located at the front of the library.

We would love to offer more programs, and have some great ideas, but would love to hear from you- both to request more programs, or to offer to facilitate one. Some suggestions have been:

Fishing lures – making your own.

Digital Photography- how to take great pictures, download them and print.

I-pods / MP3 players: downloading music to an electronic device.

Folk Art/Decoupage: This style of decorating, particularly on wooden boxes and small furniture pieces.

Hair & Make-up: Short cuts and tricks of application.

Wood carving.

Knitting & Crocheting

If any of the above interest you, or you have experience and are willing to help others learn how, please contact Donna.

CHILDREN'S PROGRAMS:

PRESCHOOL: Winter sessions begin in December or January, and run for 8 weeks.

Baby Rock 'n' Read runs concurrently with Mind & Body, in 3 eight week sessions until Spring. Melinda Ives facilitates this program. Baby Rock 'n' Read introduces literacy while babies bond with their caregiver in the company of friends. Bright colours, rhyming verses, music and songs, while sitting in a circle helps infants develop name and sound recognition through repetition. Registration not required, and “Drop-ins” are welcome, but we encourage you to call and let us know ahead if you plan to attend. Program time is Friday mornings from 10:00 to 10:30.

Storytime: A favourite for preschoolers aged 2-5 years. Three 8-week sessions run on Wednesdays from 10:00- 11:00 a.m. A parent or guardian's presence is required to assist with individual children's needs. Miss Cherie engages the children's imaginations through storytelling and craft activities. Space is limited for this popular program, so please register early.

Mind & Body: Studies prove that children who experience parental involvement while learning have greater success in general, performing more adeptly in school, and other

general activities. If children's parents are working, please consider a substitute guardian who will be welcome to participate with your child. Mind & Body has evolved to incorporate a program that focuses on family interactions. The first and most important play partner and teacher is a child's parent and caregiver. By creating playtime together, a love of learning develops. Facilitated by Melinda Ives, M & B introduces 4 & 5 year olds to games, activities and story time to introduce and develop literacy, numeracy and motor skills through play. Melinda is an amazing facilitator, who engages children in every aspect of this program.

Runs Fridays for 8 week sessions. Please call or stop in to register. To be of benefit, child must be 4 years old when they start this program. On Professional Development Days, parents may bring their school aged children along to M & B. Parents advise Melinda ahead of time how many "extra" participants she will have on P.A. Days so she can prepare.

Kids in the Kitchen: BEGINNING IN JANUARY: SATURDAY AFTERNOONS- We have been fortunate to continue receiving grant money from various Provincial departments to continue this fun program. For school aged children ages 8+, KITK has been developed by a nutritionist and encourages kids to explore the various aspects of meal selection and planning, preparation and finally, the satisfaction of eating foods they have prepared in the company of friends. Sally Colomy facilitates, providing delicious recipes and natural techniques of encouragement for her students. We will adapt the class schedules to accommodate all who are interested. Please fill out a registration at the Patron Services Desk.

Wii for Teens / Tweens: On the 1st, 2nd and last Wednesday evenings of the month, from 6:00-7:45, we invite teens and tweens to come by for a Wii challenge in the Tea Room; Bring your friends.... No need to register. Snacks are provided. Please advise circulation attendant of any allergies so we will remove any snack accordingly. This is an unsupervised program, therefore, attendees must be a minimum of 11 years old to participate.

Information

PROGRAMS AND SERVICES FOR ALL AGES:

Snowshoe Lending Program: We are so excited to be the only library in Canada that lends snowshoes to its members. Purchased with grant monies from Healthy Together Now in an effort to increase family bonding time and physical activity, we were rewarded with a huge response from our members. Due to the demand, this winter snowshoes will be lent for a one week period, to allow other families the opportunity to try them out. We provided information on outdoor safety, and suggestions of areas close by that are enjoyable to "hike along" on snowshoes at 6 sessions throughout the RM. Beginning in December, 2013, we got the program rolling, and were overwhelmed with members requesting to use the equipment. . We are planning on creating a Winter Wonderland on our grounds, to increase the enjoyment level for those who choose to borrow the shoes for a short session on site. Donna is available to instruct users on the grounds, and welcomes

you all to come in for a coffee, tea or hot chocolate which can be purchased at our Circulation Counter, while you warm up after your outdoor experience!

***Toy Lending Library:** Year 'round, we have over 60 games, toys, sports equipment and interactive books we lend out for a 2 week period. This provides an opportunity for parents to let their children try out an item without the expense of purchasing it to find their child loses interest in a short time. A selection of toys available for borrowing, are on the shelf at the north end wall of the library, along with the catalogue showing the whole collection. Please do not remove toys from the shelf, but see the Circulation Clerk who will retrieve your choice of equipment / toys from the storage area. On Saturdays, if staffing and space allows, we display toys in the Tea Room or MPR for better viewing.

*** PLEASE NOTE** that when equipment is borrowed, we provide a detailed description of all components included. We carefully check returns, to be sure all materials are included. Although we commit to care, we suggest that prior to taking the borrowed item(s) home, you take the items aside, and count all pieces, and check for damage before leaving the library. This prevents any discrepancies from occurring if upon return, we find there are components either missing or damaged.

GREAT COLLECTION OF DVD /BLUE RAY MOVIES: In addition to our collection of books, magazines, and other items, we order movies as soon as they are released to DVD for our members. Please note that we charge a small fee for movie rentals (\$1.50 per WEEK) which helps us towards the cost of maintaining the collection.

PUZZLE EXCHANGE: Our entire puzzle collection has been donated by our members. Please feel free to borrow puzzle(s) for an unspecified period. You are welcome to take as many as you like, and take all the time you need to finish them. We have been assured that all puzzles are complete, however, if you borrow a puzzle to find that there are missing pieces, please do not return it to the library, rather, dispose of it to avoid another "Puzzler" from disappointment. If you have complete puzzles you would like to donate, feel free to drop them off anytime.

DROP-IN SATURDAY WORKSHOPS: A variety of Drop in sessions are held over the year, particularly craft sessions with themes centered on holidays and special days, such as Christmas Hallowe'en & Valentines' Day. While children are most intent on participating, teens and adults are just as welcome to show their creative side. We always provide coffee, tea and beverages for children and sessions have cookie or cupcake decorating as well.

JEWELRY MAKING WITH NICOLE: Age specific each session. We will advertise the workshops to indicate whether it is for adults, children, or both. If you are interested in jewelry making and have not attended a workshop yet, please call and let us know what type of jewelry you would like to make, and we will contact you when we have registration.

SPRINGFIELD YOGA: Denise offers Yoga classes at the library on Thursday evenings from 7-8:00, and Chair Yoga on Mondays from 10:00 to 11:00 a.m. Drop-ins are

welcome, or you may purchase a package for 10 classes. Denise will also run daytime classes for varying levels of abilities. Please call the Library for more details, or Denise at 204-228-2322.

AUTHOR VISITS: From time to time, local authors, having published a book recently, will agree to make a presentation to the members of SPL. Depending on the subject, we invite children, adults, or all ages to come and enjoy these presentations.

TECH TIME WITH JOHN: John Gowron offers his expertise to members with computer questions on the 2nd & 4th Wednesday evening of each month. This is not specifically for adults, however, most school aged members are not in need of such coaching! To meet with John, please email him at : jgowron@mymts.net to set up an appointment. If you need help, please call the library and we will assist you in making your appointment.

SPRINGFIELD ARCHIVES: Located right in our facility, the archives hold all records since Springfield Municipality was founded. From Land title information to local family history, the archives have it all. Run by dedicated volunteers led by Jack & Yvonne Mavins. Archives Tel # is 204-853-7447.

WISH LIST BINDER: Our “Blue Binder” awaits your wishes. Before entering your requests, PLEASE check our catalogue first to make sure we don't already have a copy of the item you are wanting. Not seeing the item on our shelf doesn't guarantee we don't have it, as it may be checked out to another member, or on the cart to be re-shelved. You may use any of our patron computers, including the search computer located near our DVD section to view our catalogue. If you need help, we are happy to assist. We are willing to consider purchasing or subscribing to the following: Magazines and journals, books, including Large Print, DVD/ Blue Ray movies, TV series, audio books, CD's, toys or sports equipment. Please record the item you wish for in the binder, clearly indicating your name and contact information. (Membership number or Tel. No.) We will contact you once the item is delivered, or to advise you that we are unable to obtain a copy.

FOR ADULT MEMBERS:

BETTER THAN THERAPY BOOK CLUB: Meets on the First Friday of each month. New members welcome. This is a friendly group who loves to share “Pot Luck” snacks as much as the book of the month. Please call Donna if you are interested in joining the group.

CANASTA IN THE TEA ROOM: Ongoing... a lively, friendly group that meets every Tuesday and Thursday afternoons, with new players always made welcome. Coffee and snacks are shared, in a “Pot-Luck” manner. Please call Edna at 204-444-3638 or stop by the library and leave your name and number.

SPRINGFIELD LEGION # 146: R.M. residents of all ages appreciate the Legion's

display of artifacts from WWI and assorted items from various branches of the Canadian Military. The display is in the North end of the library. The Legion supports programs for Veterans and serves military in need. They provide bursaries for children, grandchildren / great-grandchildren of Veterans, sponsor youth programs and work on Remembrance Projects to honour all past and present Veterans. You do not need to have a family member as a veteran to join Legion #146. Currently, they have a small membership that meets about 6 times a year, and are seeking new members. Please contact Harry at 204-866-2243, Marg at 204-755-2225 or Clint at 204-853-2061 for more info. This may be an opportunity for you to serve your community in honourable memory of our many Veterans.

SPRINGFIELD GENEALOGY CLUB: Our Genealogy Club has a link on our website for those interested in sharing information and successes of member show have searched their family's ancestry. Allan Williams, who designed our website, also created the G.Club, and is our Master of all things "On-line!" If you are interested in learning or sharing your experiences, check it out! Jack & Yvonne Mavins, our Archives staff, are also willing to assist in your search. See the Archives section in the above section for more details.

PARLIAMENTARY PROCEDURES: This group of avidly interested Manitobans meet to discuss procedures of Parliament, in the Tea Room on the 3rd Wednesday of each month from 5:30-8:00, and welcome you to join them. Please call Donna Walby for contact information.

ANOLA LOCAL MANITOBA METIS FEDERATION: Meets monthly on Saturday mornings from fall to spring/ early summer. Call Jackie at 204-853-7749

BOOK A ROOM: If you have an event coming up and either do not have the space in your home, parking for everyone, or just prefer to hold it elsewhere, we have very reasonable rates to rent our Multipurpose Room, which is approximately 800 sq. ft., or our Tea Room, about 300 sq. ft.

Rates are as follows: Personal bookings for parties, showers, and for profit bookings: \$25.00 per hour, with 30 minutes before and after to prepare, and clean up. Minimum 2 hours booking may apply. Ask for details.

Non-Profit group meetings: No charge during library hours. \$15.00 per hour outside of library hours.

Please contact us for a Room Booking Agreement if you wish to rent space. We require 50% of the net fee, or a minimum of \$25 upon booking. (\$15 for Non-profit) Full details are provided in the agreement.

We have many groups using the facility as the community becomes aware of this option. Please note that Annual Contracts are subject to renewal to allow other organizations and groups the opportunity to use the Library's facilities.

HOW DO I.....? ... (IN AND ABOUT THE LIBRARY)

To access your account on line, each Library Member has a username, typically your first initial and last name. For example: *dwalby* Your password is the last 4 digits of your telephone number. (eg. 2039) You may request your own password if you wish. Log in to our website www.springfieldlibrary.ca and sign in to your account. You can look at items you are currently borrowing, renew materials with the exception of movies and magazines, put holds on items, and view our catalogue. You can also phone the library, or email Cherie (cdenorer@springfieldlibrary.ca) or Donna (manager@springfieldlibrary.ca) for assistance.

If you would like to borrow an item we do not hold in our collection, access the link for Interlibrary Loans from our website, or enter <http://maplin.gets-it.net> in the search bar of your computer or device. We will contact you once the item is received.

Ebsco Host is a dedicated search engine that is available to library members, and includes games for kids, and reference materials for all ages, such as “Searchasaurus Elementary School” option that is complete with erupting volcanoes, dinosaur guide and compass, and is an easy way for young researchers to experience online searching.

Too varied to list here, please click on the link on our Home Page to access this incredible accumulation of many databases including more than 2,000 journals, magazines, biographies, maps, photos, and NoveList: a readers' advisory service which provides access to 155,000+ fiction titles and a wide range of feature content including author read-alikes, book discussion guides, and reading lists.

The login I.D. for EbscoHost is the same for all members:

Login name: *springfieldmb* Password: *volunteer*





Springfield Municipal Staff and Council contact information

Springfield Council

- Reeve – Bob Bodnaruk – bbodnaruk@rmofspringfield.ca / Telephone: 232-1036
Councillor, Ward 1 – Glen Fuhl – gfuhl@rmofspringfield.ca / Telephone: 232-4631
Councillor, Ward 2 – Shandy Walls – swalls@rmofspringfield.ca / Telephone: 330-3657
Councillor, Ward 3 – Rick Wilson – rickwilsonward3@gmail.com / Telephone: 541-018
Councillor, Ward 4 – Heather Erickson – herickson@rmofspringfield.ca Telephone: 330-2069
Councillor, Ward 5 Tiffany Fell – tfell@rmofspringfield.ca / Telephone: 793-4349



(L to R): Deputy Reeve Rick Wilson, Ward 3, Councillor Shandy Walls, Ward 2, Councillor Tiffany Fell, Ward 5, Councillor Heather Erickson, Ward 4, Reeve Bob Bodnaruk, Councillor Glen Fuhl, Ward 1

Springfield Municipal Phone Numbers

Municipal Office	(204) 444-3321	Springfield Library	(204) 853-2039
Public Works	(204) 444-2241	Springfield Service to Seniors	(204)853-7582
Parks & Recreation	(204) 444-4119	Springfield Handi Van	(204) 444-4119
Planning Department	(204) 444-3824	Municipal office Fax	(204) 444-2137
Protective Services	(204) 444-4308		

**The Springfield Municipal Office is open
Monday through Friday from 8:30 a.m. – 4:30 p.m.**

100 Springfield Centre Dr. Box 219

Oakbank, Manitoba

ROE 1J0

www.rmofspringfield.ca

We encourage community members to contact Springfield staff with any and all inquiries, concerns or comments. We're here to assist you.